

<i>Saturday</i>	<i><u>Gym C Girls</u></i> Modified Capital Cup	<i><u>Gym B Boys</u></i> Traditional	<i><u>Gym A Girls</u></i> Modified Capital Cup
	<u>Session 1C: Level 4</u>	<u>Session 1: B Le 4 (5-8)</u>	<u>Session 1A: Level 7</u>
Report (Gym Opens @ 7:45)	8:00	8:00	8:00
Timed Warm-ups	8:20	8:20	8:20
March-In	8:30	9:40	8:35
Competition	8:40	9:50	8:45
Awards and Location	11:40 - Awards	11:30 - Awards	11:45 - Awards
	<u>Session 2C: Level 4</u>	<u>Session 2B: Le 4 (9+) Le 5 (10+)</u>	<u>Session 2A: Level 8</u>
Report	11:10	11:15	11:10
Timed Warm-ups	11:50	12:00	11:55
March-In	12:00	1:05	12:15
Competition	12:10	1:15	12:25
Awards and Location	3:10 - Awards	3:15 - Awards	3:40 - Awards
	<u>Session 3C: Level 5</u>	<u>Session 3B Le 5 (5-9)</u>	<u>Session 3A: Level 9, 10</u>
Report	2:40	2:45	3:00
Timed Warm-ups	3:20	3:25	3:50
March-In	3:30	4:35	4:05
Competition	3:40	4:45	4:15
Awards and Location	6:40 - Awards	6:40 - Awards	6:15 - Awards
	<u>Session 4C: Level 6</u>	<u>Session 4B Le 6</u>	<u>Session 4A: Level 7</u>
Report	6:10	6:00	5:45
Timed Warm-ups	6:50	6:40	6:25
March-In	7:00	7:40	6:40
Competition	7:10	7:50	6:50
Awards and Location	9:25 - Awards	9:50 - Awards	9:20 - Awards
<i>Sunday</i>	<u>Session 5C: Level 4 5</u>	<u>Session 5B Le 7,8,9,10</u> Warm-up Event Compete one set of equipment	<u>Session 5A: Level 6</u>
Report(Gym Opens @ 7:45)	8:00	8:00	8:00
Timed Warm-ups	8:20	8:20	8:20
March-In	8:30	8:40	8:40
Competition	8:40	8:50	8:50
Awards and Location	11:40 - Awards	11:45 - Awards ?	10:50 - Awards
	<u>Session 6C Women Sp Oly</u>	<u>Session 6B: Men Sp Oly</u>	<u>Session 6A: Level 5</u>
Report	11:15	11:15	10:10
Timed Warm-ups	11:50 On Gym C Floor	11:50 On Gym C Floor	11:00
March-In	11:45	11:45	11:10
Competition	12:00	12:00	11:20
Awards and Location	2:00- Awards	2:00- Awards	2:20 - Awards